

***Footprints and Flyaways  
with Heather presents***

# ***Mercy & Miracles: Pilgrimage to Poland***

**with Fr. Nicholas Akindele**



**10 Days  
June 29-July 8, 2026**



**For More Information Contact:**

**Heather Tieman 319-759-4508 [footprintsandflyaways@gmail.com](mailto:footprintsandflyaways@gmail.com)**

**Select International Tours**

**800-842-4842 [lisad@select-intl.com](mailto:lisad@select-intl.com)**

**[selectinternationaltours.com](http://selectinternationaltours.com)**





Your trip directly  
supports Christian  
Families in the Holy Land  
SelecttoGive.org



## WHAT'S THE COST?

**Land Only - \$3695.00**

**Land and Group Air - \$4695.00**

**Solo Room - \$895.00\***

*\*additional charge*

**Register online now - [selectinternationaltours.com](http://selectinternationaltours.com)**

**Trip Code: 26LD06PLHT**

*Prices are per person*

*Land Only - Option to purchase air on  
your own and meet the group at the airport  
on June 30, 2026*

*Group Air Price based on a minimum  
of 10 passengers*

*Prices are valid only if the deposit is  
received no later than March 20, 2026*

*Final payment is due April 27, 2026*



### **June 29, Monday, Day 1: DEPART USA**

We depart from Chicago on an overnight flight to Warsaw. Dinner and breakfast are served on the plane. Premium economy and business class airfare quotes are available upon request and will be provided starting 120 days before departure. We work with group airfares, which do not permit us to assist with seat selection. If you wish to have a pre-selected seat on the plane, please reserve airfare directly with the airlines and the land-only portion with us.

### **June 30, Tuesday, Day 2: ARRIVAL IN WARSAW**

Upon arrival in Warsaw, we are greeted by our Select International Tour Manager, who will accompany us throughout the trip and assist with luggage and boarding the motorcoach. We begin by visiting St. Stanislaus Kostka Church, where Blessed Jerzy Popieluszko served and where he is buried. Here, we learn about his life and explore the small museum. We celebrate Mass before gathering for the welcome dinner at our hotel. Overnight in Warsaw. (D) *\*The day's activities will depend on the flight arrival times*

### **July 1, Wednesday, Day 3: WARSAW – THE SHRINE OF ST. KOLBE IN NIEPOKALANOW**

Following breakfast at the hotel, which is included each morning, we enjoy a walking tour of Old Town, including the Barbican, Market Square, St. John's Cathedral, Royal Castle Square, and the Royal Castle (exterior view). We drive along the scenic Royal Route through the glamorous Nowy Świat shopping streets, mostly rebuilt after WWI, and end at Lazienki Park with its gardens, palaces, and Chopin Monument, before we depart for Niepokalanów, the City of the Immaculate, founded by St. Maximilian Kolbe. We explore the Sanctuary of Niepokalanów and learn about St. Kolbe's devotion to the Virgin Mary. After the included lunch and Mass, we drive to Częstochowa for dinner and an overnight stay. (B.L.D)

### **July 2, Thursday, Day 4: OUR LADY OF CZESTOCHOWA**

This morning, we visit Częstochowa, home to Our Lady of Częstochowa, one of Poland's most revered pilgrimage sites. Explore Jasna Góra Monastery and see the miraculous Black Madonna image. We have time for private prayer and devotion following Mass. In the afternoon, we drive to Krakow for dinner and overnight. (B.D)

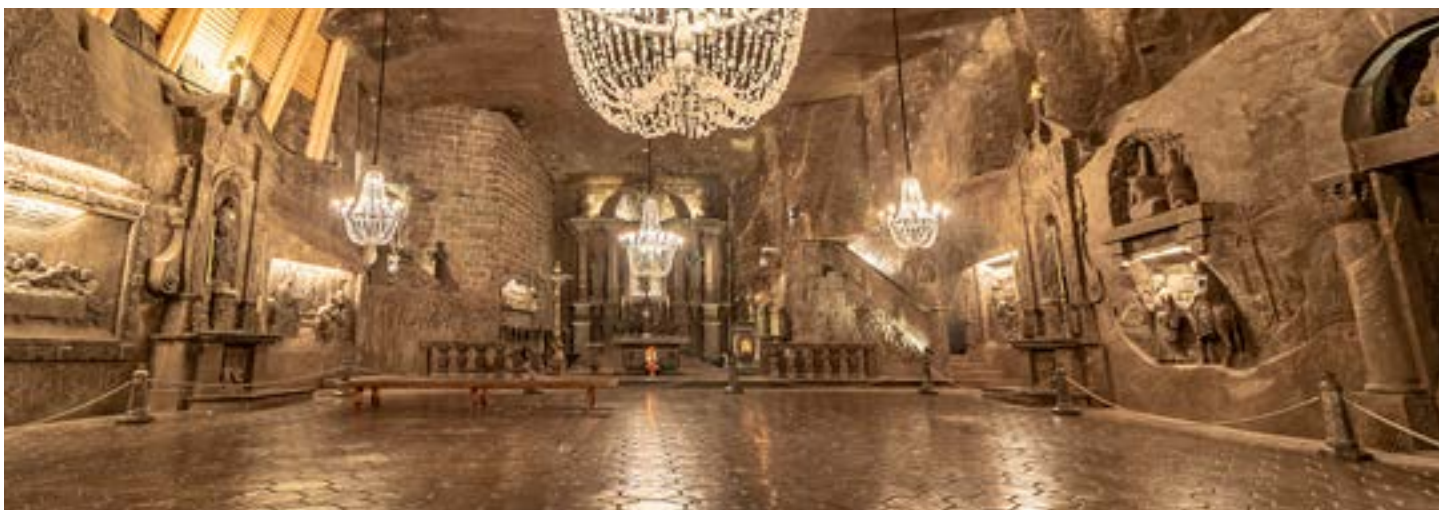
### **July 3, Friday, Day 5: KRAKOW**

Today, we explore the beautiful city of Kraków, following in the footsteps of Saint John Paul II. We visit Wawel Castle, the Cathedral, and other places frequented by St. John Paul II during his early years. Our visit includes St. Peter and Paul's Church and St. Florian's Church. At the Franciscan Church, where John Paul II often prayed, we celebrate Mass. After lunch, we visit Jagiellonian University, where St. John Paul II studied. We see the small, modest apartment where Karol Wojtyla moved with his father in 1938, as a young man just entering the university. Two rooms (the kitchen and bedroom) are open for visitors and arranged as they were when the two men lived here. We visit the churches of St. Stanislaus Kostka and St. Mary's. Tonight, dinner is at leisure, with the opportunity to explore the food scene in one of the cafes along the main square of Kraków. (B.L)

### **July 4, Saturday, Day 6: POPE JOHN PAUL'S BIRTHPLACE PLUS VISIT TO THE KALWARIA**

This morning, we drive to Wadowice, the birthplace of Saint John Paul II. We celebrate Mass at his childhood parish, where he was baptized. We then tour the saint's house, now a museum, and have the opportunity to try his favorite cake during our leisurely lunch. Later in the afternoon, we drive to Kalwaria Zebrzydowska, one of Saint John Paul II's favorite pilgrimage sites, located on the way back to Kraków. It was here that the Saint came with his father after his mother's passing, instructing him: "This is your mother now." This





Franciscan sanctuary, modeled on Calvary, offers a profound spiritual experience and links it to St. Maximilian Kolbe, a Franciscan himself. Return to Krakow for dinner and an overnight stay. (B.D)

### **July 5, Sunday, Day 7: SALT MINES – AFTERNOON AT LEISURE**

After breakfast, we drive to Wieliczka, Europe's oldest salt mine, now a UNESCO World Heritage Site. The mines are a unique place where many generations of Polish miners have created a world of underground chambers and decorated chapels carved out of salt, including the famous Chapel of St. Kinga. Mass will be celebrated in the Salt Mines. In the afternoon, we return to Krakow for time at leisure or you may want to explore the historic Jewish Ghetto. Dinner is on your own. Overnight in Krakow (B.L)

### **July 6, Monday, Day 8: AUSCHWITZ**

Our day is one of sadness and celebration as we visit the former concentration camp of Auschwitz and see the cell where St. Maximilian Kolbe was held, along with many other prisoners. At the Martyrs Museum, we pay tribute to those who made the ultimate sacrifice.

Before returning to Kraków, we will celebrate Mass at the Franciscan Monastery. This emotionally difficult but significant day concludes with a celebration of life, featuring dinner and dancing. Overnight in Kraków. (B.Special dinner with beverages)

### **July 7, Tuesday, Day 9: DIVINE MERCY SHRINE AND ST. JOHN PAUL II CENTER**

This morning, we visit the Divine Mercy Shrine, a place of deep spiritual significance associated with St. Faustina Kowalska. One of the sisters will welcome us and give us a talk about St. Faustina's life and work at the Shrine. Following our private Mass and Holy Hour, we visit the site where Saint Faustina lived and worked. We have time for private prayer and devotion. In the afternoon, we visit the John Paul II Sanctuary and Center, also known as the Have No Fear Center. The visit offers us insights into his life and mission. Our farewell dinner is at a local restaurant. Overnight in Krakow. (B. Farewell dinner)

### **July 8, Wednesday, Day 10: RETURN TO THE US**

After breakfast, we depart for the airport and our flight home. (B)

## **YOUR COMPREHENSIVE TOUR INCLUDES**

- Round-trip coach-class group airfare from Chicago - Warsaw x Krakow - Chicago
- Airport taxes and fuel surcharges (subject to change until ticketing)
- First-class hotel accommodations for 8 nights
- Daily Buffet breakfast at the hotel
- Three restaurant lunches
- Four hotel dinners (beverages are not included and may be purchased at an additional cost)
- Two restaurant dinners, including half a bottle of wine per person
- English-speaking Christian Tour Manager
- All transfers via private, air-conditioned motor coach as per itinerary
- All visits and entrance fees as per the itinerary
- Baggage handling at the hotels

- Daily private Mass and spiritual program (confirmed)
- Stella Pelegrina Pilgrim Formation Course
- Whisper sets
- Select International Document Portfolio

#### **RATES DO NOT INCLUDE**

- Personal expenses incurred on the trip
- Trip Protection & Medical Insurance (strongly recommended)
- Tipping/Gratuities for guides, drivers, and wait staff (Suggested amount guidelines will be provided with the final documents.)
- Items not explicitly listed as included
- Beverages at meals (unless noted)
- Church donations: \$3-\$5 per person, per Mass
- Airport transfers for land-only passengers (unless arriving before or with the group)

- Airline seat assignments and flight pre-check-in fees
- Government-imposed destination charges
- Country-specific Visa fees, unless noted in the inclusions
- Electronic Travel Authorization (ETIAS, ETAUK, ETAIL) applications & fees (if applicable)

#### **BAGGAGE CHARGES NOT INCLUDED IN TRIP COST:**

- Airline baggage charges
- Baggage handling at the airports and hotels is limited to one suitcase per person.
- Any charges incurred due to excessive luggage, including the cost of an additional baggage vehicle or portage charges.

# Select Protect

## Travel Protection Plan

### Plan Highlights

- Comprehensive coverage for trip cancellation, trip interruption, emergency medical and post-departure travel coverage up to \$100,000
- Up to \$150,000 in Emergency Evacuation and Repatriation of Remains coverage available
- 100% of Trip Cancellation coverage up to \$25,000
- 150% of Trip Interruption coverage up to \$37,500
- Optional Cancel For Any Reason coverage available
- Pre-Existing medical condition waiver available

### 10-Day Free Look Period

If you are not satisfied within 10 days of purchasing this plan, Trawick International will refund your premium cost if you have not departed on your trip or filed a claim.

### Trip Cancellation Covered Reasons

This is a list of some covered reasons for Trip Cancellation. Please refer to the plan document for a full list.

- Sickness, Accidental Injury, or Death of You, a Family Member, Traveling Companion, or Business Partner
- Sickness, Injury, or Death of Non-Traveling Family Member
- Hijacked, Quarantined, required to serve on a jury, or subpoenaed
- Employment Terminated or Laid-Off
- Approved Military Leave Revoked or Military Re-Assignment
- Terrorist Incident
- Your Home made Uninhabitable by Natural Disaster or Burglary
- Inclement Weather Causing Complete Cessation of Air/Common Carrier Services
- Mechanical breakdown Causing Complete Cessation of Air/Common Carrier Services

## Assistance Services

### Traveler Lounge Pass

Allowing you the convenience of airport lounge access if your flight is delayed by more than two (2) hours.

This service is available to Trawick International policy holders if: You have registered your flight at [go.TravelerLoungePass.com](https://go.TravelerLoungePass.com) at least twenty-four (24) hours before your scheduled flight departure time; and Your flight has been delayed by more than two (2) hours. If your flight was delayed by more than two (2) hours but there's no lounge available at the airport where you are, you may still use the lounge access code any time in the next six (6) months.

### Runway Health: Pre-travel Medication Readiness Consultation

Your Trawick travel insurance policy includes a pre-travel medication readiness consultation from Runway Health. Runway seamlessly connects travelers with US-licensed physicians with a quick, online consultation to create personalized, physician guided prescription medicine travel kits that are shipped directly to your door before departure, if prescribed. Travel better prepared and register for your complimentary consultation at [trawick.runwayhealth.com](https://trawick.runwayhealth.com).

### Underwritten by:

Plan sold by Trawick International. Insurance is provided by either Technology Insurance Company or Wesco Insurance Company, an AmTrust Financial Services, Inc. company and non-insurance services by Trawick International. Limitations and exclusions apply. Plan only valid for residents of the United States.

### Plan Admin:

Trawick International  
Local: 251-325-1017  
Toll free: 833-322-8002  
PO Box 2284 Fairhope, AL 36533  
[info@trawickinternational.com](mailto:info@trawickinternational.com)  
[www.trawickinternational.com](https://www.trawickinternational.com)



## Benefits of Coverage

Benefits	Maximum Benefit Amount
<b>Trip Coverage</b>	
Trip Cancellation	100% of Trip Cost up to \$25,000
Trip Interruption	150% of Trip Cost up to \$37,500
Trip Delay (6 hours)	\$1,500 (\$150/day)
Missed Connection (3 hours)	\$500
<b>Personal Items Coverage</b>	
Baggage Coverage	\$1,500
Per item	\$250
Limited Valuables	\$500
Baggage Delay Coverage (24 hours)	\$400
<b>Medical &amp; Evacuation Coverage</b>	
Emergency Accident & Sickness Medical Expense	\$100,000
Emergency Dental Expenses	\$750
Emergency Evacuation	\$150,000
Repatriation of Remains	\$25,000
Hospital Companion Transportation	\$10,000
Hospital Companion Expenses	\$200/day, 10 days maximum
Non-Medical Evacuation	\$100,000
Pre-Existing Condition Waiver	If purchased on or before Final Payment
Pre-Existing Condition lookback period	60 days
Non-insurance 24-hour standard emergency travel assistance	Included
<b>Optional Upgrade</b>	
	75% of Insured Trip Cost
Trip Cancellation for Any Reason (CFAR) Optional	Must be purchased within 15 days of deposit
	Must Cancel 2 days or more prior to departure date
	Not available to residents of NY

Not all Benefits are available in all states, please see the Plan Document for all details.

## Plan Rates

Trip Cost Bands	Base rate	Base & CFAR rate*
\$1-\$500	\$66	\$112
\$501-\$1,000	\$70	\$118
\$1,001-\$1,500	\$96	\$162
\$1,501-\$2,000	\$128	\$217
\$2,001-\$2,500	\$156	\$264
\$2,501-\$3,000	\$185	\$313
\$3,001-\$3,500	\$212	\$360
\$3,501-\$4,000	\$241	\$410
\$4,001-\$4,500	\$269	\$456
\$4,501-\$5,000	\$307	\$521
\$5,001-\$5,500	\$328	\$558
\$5,501-\$6,000	\$361	\$613
\$6,001-\$6,500	\$420	\$714
\$6,501-\$7,000	\$447	\$760
\$7,001-\$7,500	\$483	\$821
\$7,501-\$8,000	\$513	\$872
\$8,001-\$8,500	\$552	\$939
\$8,501-\$9,000	\$627	\$1,066
\$9,001-\$9,500	\$713	\$1,211
\$9,501-\$10,000	\$748	\$1,272
\$10,001-\$11,000	\$801	\$1,362
\$11,001-\$12,000	\$872	\$1,482
\$12,001-\$13,000	\$939	\$1,596
\$13,001-\$14,000	\$1,010	\$1,716
\$14,001-\$15,000	\$1,081	\$1,837
\$15,001-\$16,000	\$1,151	\$1,957
\$16,001-\$17,000	\$1,222	\$2,077
\$17,001-\$18,000	\$1,293	\$2,198
\$18,001-\$19,000	\$1,364	\$2,318
\$19,001-\$20,000	\$1,435	\$2,438
\$20,001-\$21,000	\$1,505	\$2,559
\$21,001-\$22,000	\$1,576	\$2,679
\$22,001-\$23,000	\$1,651	\$2,806
\$23,001-\$24,000	\$1,722	\$2,927
\$24,001-\$25,000	\$1,792	\$3,047

\*Note: CFAR is 1.7 x the base rates.



**Footprints and Flyaways with Heather presents a Pilgrimage to the Shrines of Poland with Fr. Nicholas Akindele**  
**June 29-July 8, 2026 Trip Code: 26LD06PLHT**

**DEPOSITS AND FINAL PAYMENT:**

- Please use the QR code on the front of this brochure to enroll.
- A deposit of \$500.00 per person should accompany your registration by March 20, 2026.
- Final payment is due by April 27, 2026.\*
- Your passport must be valid through January 8, 2027.

All prices are based on payment via check. A convenience fee of 4% will be charged for credit card payments. We also take payment via Zelle.

Please mail your payment to: Select International Tours, 85 Park Ave., Flemington, NJ 08822, Attn: Lisa Del Valle, 800-842-4842, lisad@select-intl.com.

**PILGRIMAGE PRICES:** Trip price is based on a minimum of 25 passengers. Prices may be adjusted for fewer travelers, changes in currency conversion rates, or amendments in local government taxes and/or fuel surcharges. Prices for this trip are in US dollars. For European travel, an exchange rate of US \$1.18 per Euro is assumed. \*A late payment fee of \$100.00 per person will be charged for all payments received after the final payment due date.

**SOLO TRAVEL:** A limited number of single rooms are available. Prices are based on two people per room. We do not guarantee roommates, but will do our best to connect you with someone willing to share.

**LAND-ONLY OPTION:** Land-only services start and end at the hotels and do not include any airfare. You are welcome to transfer from the airport with the group if you arrive at the same time; otherwise, transfers are not included.

**TOUR CANCELLATION POLICY:** Individual deposits are refundable except for a \$350.00 per person handling fee for cancellations made 91 days or more before departure. A \$500.00 non-refundable fee will be assessed if the reservation is canceled between 90 and 60 days prior to departure. Within 60 days of departure, all payments are non-refundable regardless of the reason for cancellation. All airline tickets are non-refundable once issued. All cancellations must be in writing. Unused portions of the trip are not refundable. If a roommate cancels, the cost of a solo supplement will be added to your invoice. You may be eligible for a refund through your travel protection provider.

**TRIP CANCELLATION PROTECTION:** We strongly recommend the purchase of trip cancellation/travel accident insurance for every passenger to protect their investment (all payments are non-refundable 60 days before departure). PLEASE NOTE that in most cases travel protection must be purchased within 14 days. Additionally, some options are not available to residents of NY. Please see <https://selectinternationaltours.com/travel-protection-plans/> or call Trawick International at 1-888-681-6272 for complete details, restrictions, and deadlines.

**AIRLINE, SEATING AND CHANGES:** To best accommodate our pilgrims, we utilize Group Air Reservations. This affords more predictable space and pricing. However, the airline (not Select International Tours) assigns seats when the group tickets are issued. If you require very specific seats, we suggest you take advantage of the "Land Only" option and book your own airfare. Airline ticket name changes due to missing, incorrect, or incomplete information provided during registration will result in fees of at least \$350 per traveler. Switching reservations from Air and Land to Land Only within 100 days of departure will incur a minimum fee of \$150.00 per person. Quotes for Business class and Premium Coach seats are available upon written request, as are add-ons from your hometown airport.

**SPECIAL NEEDS AND REQUESTS:** All special needs and requests due to medical or dietary restrictions must be received in writing at least 60 days before departure. People needing a wheelchair should bring their own and travel with a companion who can provide care for them.

**WALKING:** Our trips require daily walking, sometimes up or down slopes, steps, and uneven terrain. We recommend preparing by walking before the trip. A qualified and physically able travel companion must accompany anyone needing assistance. We are not responsible for any medical condition that occurs before, during, or after the trip.

**RESPONSIBILITY:** By accepting this confirmation, you also agree to the complete Terms and Conditions list at <https://selectinternationaltours.com/terms-conditions/>. The Group Leaders, Spiritual Directors, and Select International Tours, Inc. have no responsibility for any acts or omissions of the travel suppliers in your itinerary and during your trip. We have no special knowledge regarding the financial conditions of the suppliers, unsafe travel conditions, health hazards, or weather hazards at locations traveled. We are not responsible for flight delays, cancellations, or any charges incurred due to unforeseen circumstances. We are not responsible for any sickness or disease you contract or any injury you sustain while traveling. Unused portions of the trip are non-refundable. Please consult the appropriate online resources for information about destination climate, risks, and safety. For health information, consult the Centers for Disease Control and Prevention. You are responsible for understanding and complying with your destination's passport, visa, vaccination, or other entry requirements. Itineraries are subject to change. We are not responsible for any damaged, lost, or stolen articles. We are not responsible for any sickness, injury, or death during or after the trip. Travel documents will be mailed out approximately three (3) weeks before departure. Please review them carefully for any errors.

This trip is open to passengers 10 years or older with appropriate adult supervision.

**SHIPPING & HANDLING:** \$15.00 per person—not included in the package price—will be added to each invoice. Your invoice will confirm the trip registration.

**For answers to the most frequently asked questions, please visit [selectinternationaltours.com/faq/](https://selectinternationaltours.com/faq/)**